



CISV international
building global friendship

Step Up Activity Inequality awareness

1. Educational Content

Areas(s) of Peace Education:

	Human Rights		Diversity
	Conflict and Resolution	X	Sustainable Development

Theme:

Kompaz Project
Inequality

The aim of this activity is to explore inequality and to have a better understanding of its impact in society. Participants will be able to generate ideas for action towards economic inequality.

Educational Goals and Indicators:

	1	Develop leadership skills
X	1a)	Is able to express independent ideas to promote group development (S)
X	1b)	Is able to suggest solutions to solve problems objectively (S)
	1c)	Is able to facilitate a group or other individuals (S)
X	1d)	Is able to take responsibility for an activity, a project, a problem (S)
	2	Encourage social responsibility towards the community
X	2a)	Is able to identify current community issues and conflict (S)
X	2b)	Is willing to perform an act of contribution to local community after the programme ends (A)
X	2c)	Is able to contribute ideas on how to apply what they learned to everyday life (S)
X	2d)	Is able to act in an inclusive way (S)
	3	Develop a global awareness
X	3a)	Understands current issues taking place in the world (K)
X	3b)	Is willing to understand and cooperate with different cultures (A)
X	3c)	Understands the camp theme and contributes to its development (K)
X	3d)	Is able to participate in discussions about the content area of the year (S)
	4	Enable personal development
X	4a)	Is able to exhibit confidence through active participation in group discussion and activities (S)
	4b)	Understands how to plan, run and facilitate activities (K)
X	4c)	Is able to work in a team (S)
X	4d)	Is willing to listen to others' ideas and be open-minded to different points of view (A)

Evidence:

1. The participant should be able to recognize inequality among the group.
2. The participant should be willing to make changes when it comes to decision making and being inclusive.
3. The participant should be aware about how inequality has an impact on human communities and in their development.

Evidence:

- Comments from discussion and debrief
- Demonstrate understanding of the topic during the activity
- Share personal thoughts
- Describing and resolving emotions, making links between the activity and inequalities in society, and brainstorming action steps to address poverty

2. Explanation

Do:

Step 1: Divide the participants into small groups.

Step 2: Ask participants to agree that there is no trading or sharing allowed between groups and that they will not eat the candy during the activity.

Step 3: Distribute bags with candies to the appropriate group (the smallest group receives the largest amount of candies, and so on).

Step 4: Ask the participants to count the candies in their respective bags when you say, "Go!"

Step 5: Ask each group to appoint a speaker to announce the amount of candy in their bag.

Step 6: Once every group has announced their amount, explain that their candy has a symbolic monetary value and they will be receiving items in exchange for them.

Step 7: Distribute the undesirable prize to the "poor group." Distribute the less desirable prize to the "middle class group." Distribute the desirable prize to the "rich group."

Step 8: Facilitate a discussion around the feelings or dynamics that were generated during the exercise.

Step 9: In the middle of the discussion, distribute the same amount of candies to each participant to enjoy.

Step 10: Continue the discussion, focusing on actions they could take as a group to improve the situation and go to debriefing.

3. Debriefing

Reflect:

- How did you feel during the exercise?
- What was it like to have less or more candy?
- Do you think the exercise says something about how things are in the world?
- What gave some people more power than others in this game?
- What gives some people more power than others in life?
- What can we do to make a difference on these issues?
- What could we do as a group?

Generalize:

- What do you think about inequality in your home country?
- Why do you think there are more inequalities in some countries?

Apply:

How could you help to reduce social and economic inequalities in the world?

4. Materials and Background Preparation

Origin of Activity:

The Kompaz Project 2015-2016

Materials:

Bags for each group

Candy

A range of prizes (one prize per group: a desirable prize, for example, a large chocolate bar; a less desirable prize, for example, a box of Kraft Dinner; and an undesirable prize, for example, unattractive mittens or a can of vegetables)

Time & Group Size:

Time: 30 minutes- 1 hour

Group Size: 12-15

Tips for facilitators:

- Ensure that the candy you buy does not conflict any anyone's allergies or food restrictions.
- There may be strong feelings of unfairness voiced by participants. To help direct these feelings constructively, it is essential to facilitate a discussion after the activity.
- Usually talking about the connections between the activity and unequal distribution of wealth in society allows participants to work through their feelings.
- Divide groups in a way that ensures diversity in each group and friend cliques are separated.
- It is better to have very mixed groups in order to stay focused on the differences created only by the number of candies in each bag.
- This activity can take on different outlooks, addressing either local or global poverty. If participants mention only poverty "over there," for example, meaning in developing countries, you can ask them if these kinds of inequalities exist in our own community.

Activity Name:

Inequality awareness