



## 1. Educational Content

Area(s) of Peace Education:

	Human Rights		Diversity
	Conflict and Resolution	X	Sustainable Development

Theme:

Kompaz project: Food

This activity is designed to gain knowledge about how big the differences are when it comes to food in the world. The activity lasts for one week.

Educational Goals and Indicators:

	<b>1</b>	<b>Develop leadership skills</b>
	1a)	Is able to express independent ideas to promote group development (S)
	1b)	Is able to suggest solutions to solve problems objectively (S)
X	1c)	Is able to facilitate a group or other individuals (S)
X	1d)	Is able to take responsibility for an activity, a project, a problem (S)
	<b>2</b>	<b>Encourage social responsibility towards the community</b>
	2a)	Is able to identify current community issues and conflict (S)
X	2b)	Is willing to perform an act of contribution to local community after the programme ends (A)
	2c)	Is able to contribute ideas on how to apply what they learned to everyday life (S)
X	2d)	Is able to act in an inclusive way (S)
	<b>3</b>	<b>Develop a global awareness</b>
X	3a)	Understands current issues taking place in the world (K)
X	3b)	Is willing to understand and cooperate with different cultures (A)
	3c)	Understands the camp theme and contributes to its development (K)
X	3d)	Is able to participate in discussions about the content area of the year (S)
	<b>4</b>	<b>Enable personal development</b>
X	4a)	Is able to exhibit confidence through active participation in group discussion and activities (S)
	4b)	Understands how to plan, run and facilitate activities (K)
X	4c)	Is able to work in a team (S)
X	4d)	Is willing to listen to others' ideas and be open-minded to different points of view (A)

**Evidence:**

Through answering questions regarding food, and also questions regarding the global situation, the participants will demonstrate their ability to reflect and accept a challenge towards the end of the activity.

- Comments from discussion and debrief
- Demonstrate understanding of the topic during the activity
- Share personal thoughts

**2. Explanation****Do:**

THIS IS A ONE WEEK ACTIVITY

1. Start showing the film that follows with this activity about food.
2. Divide the participants into groups of 4. Every group gets a different nationality
3. Every group will get an amount of money to spend on food for one week, so they need to write a budget. Every group will get a different amount of money, based on where in the world their given country is from.
4. Every day around 30 minutes the groups will go through their budget and buy the food they need/can afford that day. They will also record a small clip every day about how they feel.
5. The activity will last for 30 minutes every day, during a week.
6. After the week, have a discussion about how they felt during the week.
7. The facilitator's role in this activity will be to make sure everything is ready for the activity, such as having money(monopoly), something to film with, have food (either real or made up) and make a pricelist.

**3. Debriefing****Reflect:**

- What did you think when you saw that some of the nationalities got more/ less money for food?

**Generalize:**

- Do you think it is this different in the real world?
- Do you think a lot of the population from the nationality you were representing have to make a budget for food, to afford food for the month?

**Apply:**

- What can YOU do to make a change?
- How can you improve your choice of food in order to be more sustainable?

**4. Materials and Background Preparation**

Origin of Activity:

The Kompaz project 2015/16

**Materials:**

For this activity you need:

- Paper
- Pen
- Monopoly money or make some money
- Something to film with (video camera, cellphone, camera)
- Food (you can use fake food, draw some food)

**Time & Group Size:**

Time: 30 minutes every day during a week  
Groupsize: 4

**Tips for facilitators:**

- Prepare well in advance.
- Have all the nations ready, and all the materials you need.

**Activity Name:**

To Eat or not to Eat