

The limitation game.

The right to freedom of freedom of speech.

Objective:

This activity aims to illustrate how difficult it is to achieve anything with restrictions on information flow, engaging the participants with the right of freedom of speech.

Time:

60 minutes. (depending on number of participants)

Age: 11-18

Material:

- Pieces of paper and pens (debriefing)
- Rope (electric rope)
- Puzzle

Activity steps:

For this activity, there are going to be three activity stations. They do not require a lot of space, so it should be possible to have several groups at each station at the same time. They should be in groups of 4-5. The idea is that they will be given a collaborative task at each station, but each station will introduce some sort of limitation of information flow, e.g. not allowed to speak, blindfold etc. (10 minutes each one)

The stations are:

1. **Voice:** In this activity, they aren't allowed to speak to each other. The game is called "body parts" so the educator will decide which body part can touch the floor and how

many. The rules are: 1) the only the body part that he educator says can touch the floor and 2) all the team have to be connected in between them. So, for example for a group of 4 the educator can say 2 hands and to feet and one head. The idea is that they will get more complex with every new body parts.

- 2. Sight:** Here all will be blindfolded, except for one person. The team is given a 'puzzle' - could be as simple as a postcard cut into various shapes. The goal for the team is to reassemble the puzzle. One person can see but she/he is not allowed to touch the pieces - they have to instruct the other blindfolded participants (neither can they touch the other participants' hands and guide them physically):
- 3. Movement:** This game is call the "Electric rope" the idea is that they will be a rope connected from point A to point B, the higher it is from the floor the better. In this activity, all the participants of the team have to past to one side of the rope to the other side, without touching the rope because they will get electrify. One of each team will have the hands tied and another one will have will not be able to use one foot.

Note+: the idea is that in each challenge the person who has a limitation is don't the same, in that way almost all the people in the group will have to deal with a limitation in different challenges.

- 1) Laugh, Comedy and act:** Each group has to choose a fairy tale or a story for kids (like little Red Riding Hood) and they have to decide how to act it in the funniest way they can imagine. They main goal is that they keep the story the way it is but that everyone will laugh. They all have to act and the play will be presented to everyone at the end.
- 2) Music time:** Each group has to choose some situation / news that it is happening in the world and have to make a song about it. The idea is that it will be a nice song that will let people know what is happening with these issues, it can be a rap an opera, let them create and get crazy. They should sing about their opinion about the issue (this is very important, that they will be critical about the topic they had chosen). They don't have to be big issues; it can be as simple as something that



happens at home or at school. All the participants must sing.

- 3) **Sharing time:** Now all the groups gather together and they show: their symbols and explain it and then they act the play and sing the songs. (Time depends on number of participants +- 20 minutes).

Debrief

1. Reflect:

- How did you feel in the activity? (10 minutes)
- Which was the more difficult activity? why?
- How did you feel when you had a limitation?
- Do you think all the challenges would be easy without limitations?
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2. Generalize

In which situation, do you think people have limitations? (5m)
Do you have any limitation in real life?

Watch video # 6 Moddi – freedom of speech.

3. Apply:

- you are going to write about something that you think is wrong in the world – it can be a situation they have seen at school or in daily life, or something from the news (5-10 minutes)
- How would you make others aware of that situation?
Sing/write/speak etc. Encourage them to think about *how* they can spread awareness about this.
- What if the thing you want to say will make you get arrested? Would you still do it? How could you get your message out if they threaten to arrest you?

